



**SNDT Arts and Commerce College for Women, Karve Road,
Pune 411038**

Criterion V

5.1.3 Capacity building and skills enhancement initiatives



Capacity building and skills enhancement initiatives taken by the institution 1. Soft skills, 2. Language and communication skills, 3. Life skills (Yoga, physical fitness, health and hygiene), 4. ICT/computing skills

Highlights

1. Training for Soft Skill and Employability Skills

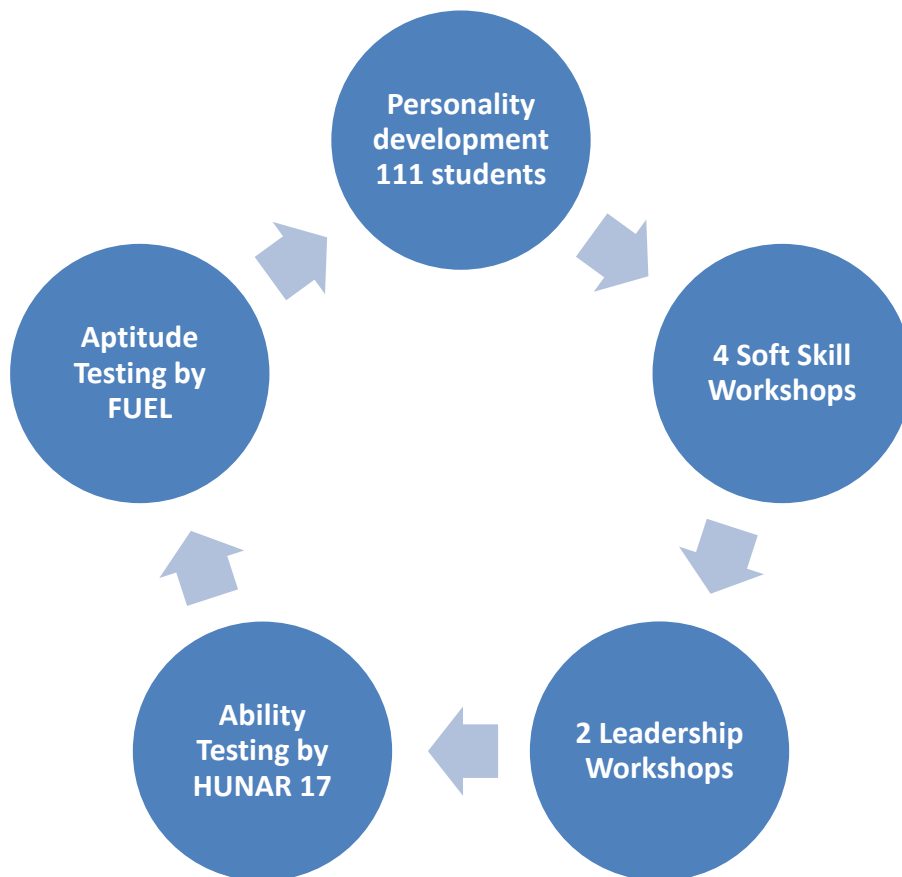
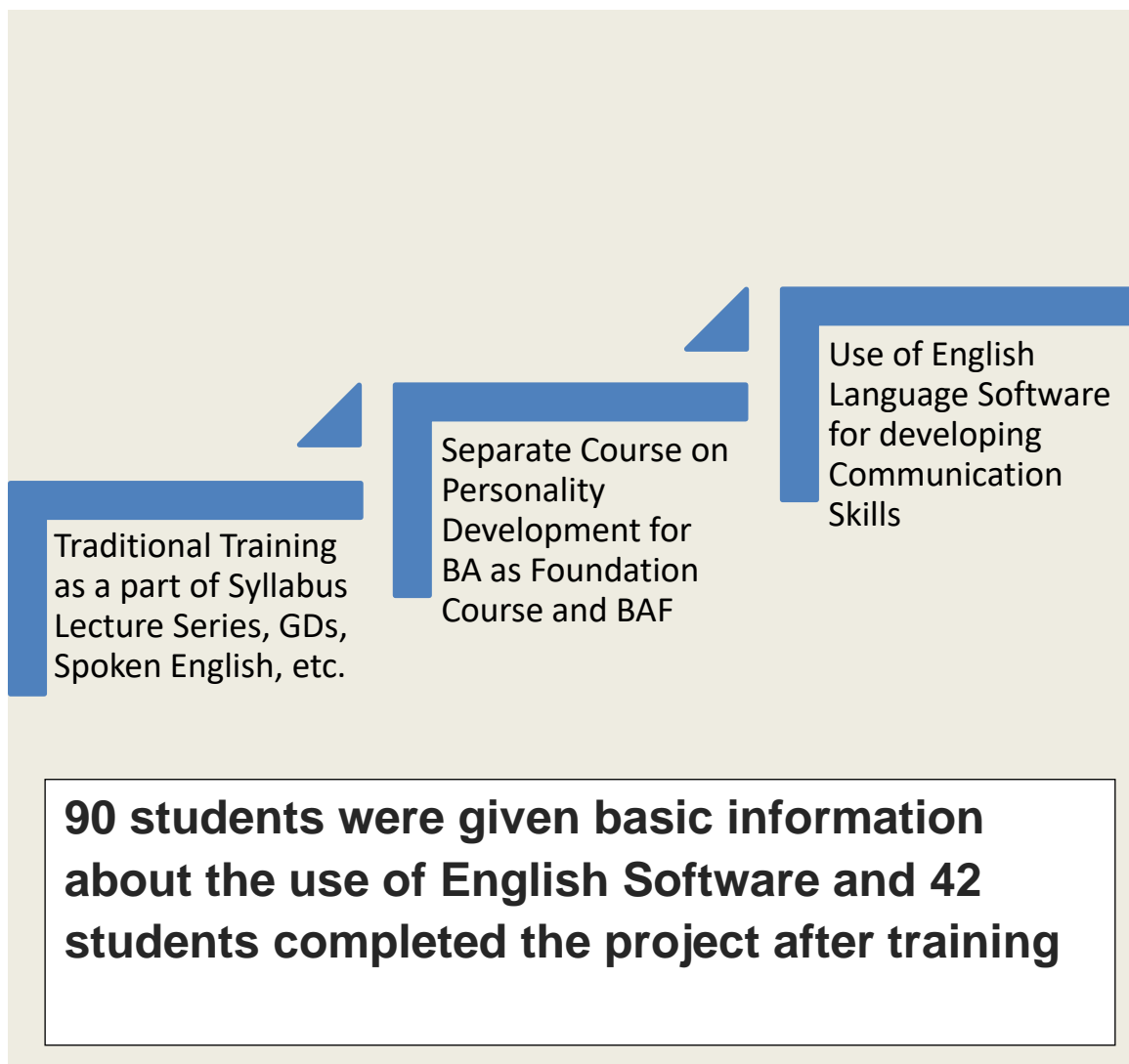


Figure 1- Soft Skill Workshops- beneficiaries 455

2. Language and communication skills



3. Life skills (Yoga, physical fitness, health and hygiene)



More than 2000 students were benefited over last five years

NCC- Health and Hygiene Training

	15-16	16-17	17-18	18-19	19-20
Number of Hours	12 Hours (16 Lec. x @ 45 Min.)	12 Hours (16 Lec. x @ 45 Min.)	12 Hours (16 Lec. x @ 45 Min.)	12 Hours (16 Lec. x @ 45 Min.)	12 Hours (16 Lec. x @ 45 Min.)
No of Cadets	86	90	84	87	89

In last three years 5 NCC Cadets have attended 10 days residential camp at Military Command Hospital



Every year all NCC cadets get a training for Yoga and Meditation, and celebration of International Yoga Day



Medical Checkup



Communication and GD Sessions